



High School Catholic Youth Ministry at
Queen of Heaven Parish
(Located in the City of Green, Ohio)

www.lifeteen.com

www.qofhlifeteen.com

What is LIFE TEEN?

Life Teen is an international Catholic movement leading teens to Christ. It is a comprehensive High School Youth Ministry which is centered in the Eucharist -the source and summit of the life of every Catholic Christian. The non-classroom model of catechesis provides teens with the truth while offering the opportunity to experience the love of Christ. In a hope filled environment, through relational ministry, teens feel love and accepted. They build enduring friendships and are involved in parish life.

What Attracts Teens to Life Teen?

- **TRUTH** In the Life Teen program, teens learn about Jesus Christ-the way, the truth, and the life. At such an influential time in their life, the Life Teen program is committed to satisfying teens' thirst for the truth by exposing them to Christ and the wholeness of Roman Catholic teachings.
- **EXPERIENCE** Providing powerful liturgies for teens and their families is how Life Teen best helps teens experience the power and love of Christ in the Eucharist, the Word of God and each other.
- **ACCEPTANCE** Teens long for acceptance and authenticity. A hope-filled environment allows teens to experience that they are accepted for who they truly are.

What takes place at Life Teen?

Sunday Evenings

- **5:00pm Sunday Mass**
 - Vibrant!
 - Homily related to teens!
 - Teens involved!
 - Great music lead by *Sent Forth*
- **6:00pm Light Supper**
- **6:30 - 8pm Life Night**

What is a Life Night?

At Life Nights, we go deeper into our faith, discussing how the teachings of Jesus apply to our Life. the focus of Life Nights is to integrate our faith with our experience.

Each Life Night is different. There is always food, laughter, and great people! Typically, the night includes a skit or game, a talk, small group discussion and prayer.

Some nights are dedicated to addressing real teen issues. Other nights include service that leads to justice. On occasion, prayer includes adoration and worship of Jesus in the Eucharist. Every evening ends with a prayer to Mary our Mother.

So Life Teen is Mass and a class?

Hardly! Life Teen Mass is a vibrant worship experience. Life Nights are creative nights that bring the Catholic faith to life, breaking open relevant issues for teens and calling them to service. Two annual **RETREATS** allow teens to get away to a special meeting place -with God and with other fellow teens. Social events provide wholesome community and relational building experiences. And...the teens encounter young adults and adults who engage them wherever they are—relationships that lead them to a relationship with Christ.

And More?

Teens are given the opportunity to attend:

- Life Teen Summer Camps
- Summer Youth Conferences



*Life teen is dedicated to
the Blessed Virgin Mary*

Life Teen spirituality is:

- 100% Roman Catholic
- Obedient to the Holy Father & Bishops
- Centered on the Eucharist
- Scriptural
- Liturgical
- Catechetical
- Sacramental
- Relates faith and life
- Focused on social justice
- Social
- Comprehensive

Who is involved with the Life Teen Program?

There are many people with important, distinct roles that create a healthy and vibrant Life Teen Program:

- Parish Priest - provides teens the opportunity to meet Christ through the Sacraments; presides at the Sunday Eucharist offering teen appropriate homilies.
- Youth Minister -creates and maintains a working vision of youth ministry in the parish
- Music Ministry -dedicated musicians and vocalists who enhance the prayer of the Mass.
- Core Members -young adults and adults who choose to serve the teens through the planning and implementing Life Nights, Retreats and Life Teen events. They build appropriate relationships and seek to meet the teens where they are in their faith walk.
- Life Support - parents and parishioners who provide practical support and help to Life Teen -creating environment, providing and serving food for hungry teens.