

Novena to the Holy Spirit

Begin Novena on May 22, 2009

ACT OF CONSECRATION TO THE HOLY SPIRIT

On my knees before the great multitude of heavenly witnesses, I offer myself, soul and body, to You, Eternal Spirit of God. I adore the brightness of Your purity, the unerring keenness of Your justice, and the might of Your love. You are the Strength and the Light of my soul. In You I live and move and am. I desire never to grieve You by unfaithfulness to grace, and I pray with all my heart to be kept from the smallest sin against You. Mercifully guard my every thought and grant that I may always watch for Your light and listen to Your voice and follow Your gracious inspirations. I cling to You, and give myself to You, and ask You by Your compassion to watch over me in my weakness. Holding the pierced Feet of Jesus and looking at His Five Wounds and trusting in His Precious Blood and adoring His opened Side and stricken Heart, I implore You, Adorable Spirit, Helper of my infirmity, so to keep me in Your grace that I may never sin against You. Give me grace, O Holy Spirit, Spirit of the Father and the Son, to say to you always and everywhere, "Speak Lord for Your servant heareth." Amen.
(To be recited daily during the Novena)

PRAYER FOR THE SEVEN GIFTS OF THE HOLY SPIRIT

O Lord Jesus Christ who,
Before ascending into heaven
Promised to send the Holy Spirit
To finish your work
In the souls of Your Apostles and Disciples,
Grant that same Holy Spirit to me,
That He may perfect in my soul
The work of Your grace and Your love.
Grant me:
The Spirit of Wisdom
That I may despise
The perishable things of this world
And aspire only after
The things that are eternal,
The Spirit of Understanding
To enlighten my mind
With the light of Your divine truth,
The Spirit of Counsel
That I may ever choose
The surest way
Of pleasing God
And gaining heaven,
The Spirit of Fortitude
That I may bear my cross with You
And that I may overcome with courage
All the obstacles
That oppose my salvation,
The Spirit of Knowledge
That I may know God
And know myself and
Grow perfect in the science of the Saints,
The Spirit of Piety
That I may find
The service of God sweet and amiable,
The Spirit of Fear
That I may be filled
With a loving reverence toward God
And may dread in any way to displease Him.
Mark me, dear Lord,
With the sign of Your true disciples and
Animate me in all things with Your Spirit.
Amen.
(To be recited daily during the Novena)

DAY

1

*Holy Spirit! Lord of light!
From Your clear celestial height
Your pure beaming radiance give!*

THE HOLY SPIRIT Only one thing is important - eternal salvation. Only one thing, therefore, is to be feared - sin. Sin is the result of ignorance, weakness, and indifference. The Holy Spirit is the Spirit of Light, of Strength, and of Love. With His sevenfold gifts He enlightens the mind, strengthens the will, and inflames the heart with the love of God. To ensure our salvation, we ought to invoke the Divine Spirit daily, for "The Spirit helps our infirmity. We know not what we should pray for as we ought, but the Spirit Himself asks for us."

PRAYER Almighty and eternal God, Who has vouchsafed to regenerate us by water and the Holy Spirit, and has given us forgiveness of all sins, vouchsafe to send forth from heaven upon us Your sevenfold Spirit, the Spirit of Wisdom and Understanding, the Spirit of Counsel and Fortitude, the Spirit of Knowledge and Piety, and fill us with the Spirit of Holy Fear. Amen.
Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES. Act of Consecration, Prayer for the Seven Gifts.

DAY

2

*Come, Father of the poor!
Come, treasures which endure!
Come, Light of all that live!*

THE GIFT OF FEAR The gift of Fear fills us with a sovereign respect for God, and makes us dread nothing so much as to offend Him by sin. It is a fear that arises, not from the thought of hell, but from sentiments of reverence and filial submission to our heavenly Father. It is this fear that is the beginning of wisdom, detaching us from worldly pleasures that could in any way separate us from God.
"They that fear the Lord will prepare their hearts, and in His sight will sanctify their souls."

PRAYER Come, O blessed Spirit of Holy Fear, penetrate my inmost heart, that I may set You, my Lord and God, before my face forever; help me to shun all things that can offend You, and make me worthy to appear before the pure eyes of Your Divine Majesty in heaven, where You live and reign in the unity of the ever Blessed Trinity, God, world without end. Amen.
Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES. Act of Consecration, Prayer for the Seven Gifts.

DAY

3

*Thou, of all consolers best,
Visiting the troubled breast,
Dost refreshing peace bestow.*

THE GIFT OF PIETY The gift of Piety begets in our hearts a filial affection for God as our most loving Father. It inspires us to love and respect, for His sake, persons and things consecrated to Him, as well as those who are vested with His authority, His Blessed Mother and the Saints, the Church and its visible Head, our parents and superiors, our country and its rulers. They who are filled with the gift of Piety find the practice of religion not a burdensome duty, but a delightful service. Where there is love, there is no labor.

PRAYER Come, O Blessed Spirit of Piety, possess my heart. Enkindle in me such a love for God, that I may find satisfaction only in His service, and for His sake lovingly submit to all legitimate authority. Amen.
Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES. Act of Consecration, Prayer for the Seven Gifts.

Novena to the Holy Spirit (cont.)

DAY

4

*Thou in toil are comfort sweet;
Pleasant coolness in the heat;
Solace in the midst of woe.*

THE GIFT OF FORTITUDE By the gift of Fortitude the soul is strengthened against natural fear, and supported to the end in the performance of duty. Fortitude imparts to the will an impulse and energy which move it to undertake without hesitancy the most arduous tasks, to face dangers, to trample underfoot human respect, and to endure without complaint the slow martyrdom of even lifelong tribulation.

"They that shall persevere unto the end, they shall be saved."

PRAYER Come, O Blessed Spirit of Fortitude, uphold my soul in time of trouble and adversity, sustain my efforts after holiness, strengthen my weakness, give me courage against all the assaults of my enemies, that I may never be overcome and separated from You, my God and greatest Good. Amen.

Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES. Act of Consecration, Prayer for the Seven Gifts.

DAY

5

*Light immortal! Light Divine!
Visit Thou these hearts of Thine,
And our inmost being fill!*

THE GIFT OF KNOWLEDGE The gift of Knowledge enables the soul to evaluate created things at their true worth - in their relation to God. Knowledge unmasks the pretense of creatures, reveals their emptiness, and points out their only true purpose as instruments in the service of God. It shows us the loving care of God even in adversity, and directs us to glorify Him in every circumstance of life.

Guided by its light, we put first things first, and prize the friendship of God beyond all else. "Knowledge is a fountain of life to those who possess it."

PRAYER Come, O Blessed Spirit of Knowledge, and grant that I may perceive the will of the Father; show me the nothingness of earthly things, that I may realize their vanity and use them only for Your glory and my own salvation, looking ever beyond them to You, and Your eternal rewards. Amen. *Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES. Act of Consecration, Prayer for the Seven Gifts.*

DAY

6

*If Thou take Thy grace away,
Nothing pure in man will stay,
All his good is turned to ill.*

THE GIFT OF UNDERSTANDING Understanding as a gift of the Holy Spirit, helps us to grasp the meaning of the truths of our holy religion. By faith we know them, but by Understanding we learn to appreciate and relish them. It enables us to penetrate the inner meaning of revealed truths and through them to be quickened to newness of life. Our faith ceases to be sterile and inactive, but inspires a mode of

life that bears eloquent testimony to the faith that is in us; we begin to "walk worthy of God in all things pleasing, and increasing in the knowledge of God."

PRAYER Come, O Spirit of Understanding, and enlighten our minds, that we may know and believe all the mysteries of salvation; and may merit at last to see the eternal light in Your Light; and in the light of glory to have a clear vision of You and the Father and the Son. Amen.

Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES. Act of Consecration, Prayer for the Seven Gifts.

DAY

7

*Heal our wounds - our strength renew;
On our dryness pour Thy dew;
Wash the stains of guilt away!*

THE GIFT OF COUNSEL The gift of Counsel endows the soul with supernatural prudence, enabling it to judge promptly and rightly what must be done, especially in difficult circumstances. Counsel applies the principles furnished by Knowledge and Understanding to the innumerable concrete cases that confront us in the course of our daily duty as parents, teachers, public servants, and Christian citizens. Counsel is supernatural common sense, a priceless treasure in the quest of salvation. "Above all these things, pray to the Most High, that He may direct your way in truth."

PRAYER Come, O Spirit of Counsel, help and guide me in all my ways, that I may always do Your holy will. Incline my heart to that which is good; turn it away from all that is evil, and direct me by the straight path of Your commandments to that goal of eternal life for which I long. Amen. *Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES. Act of Consecration, Prayer for the Seven Gifts.*

DAY

8

*Bend the stubborn heart and will;
Melt the frozen, warm the chill;
Guide the steps that go astray!*

THE GIFT OF WISDOM Embodying all the other gifts, as charity embraces all the other virtues, Wisdom is the most perfect of the gifts. Of Wisdom it is written, "all good things came to me with her, and innumerable riches through her hands." It is the gift of Wisdom that strengthens our faith, fortifies hope, perfects charity, and promotes the practice of virtue in the highest degree. Wisdom enlightens the mind to

discern and relish things divine, in the appreciation of which earthly joys lose their savor, while the Cross of Christ yields a divine sweetness according to the words of the Savior: "Take up your cross and follow Me, for My yoke is sweet and My burden light."

PRAYER Come, O Spirit of Wisdom, and reveal to my soul the mysteries of heavenly things, their exceeding greatness, power and beauty. Teach me to love them above and beyond all the passing joys and satisfactions of earth. Help me to attain them and possess them forever. Amen. *Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES. Act of Consecration, Prayer for the Seven Gifts.*

DAY

9

*Thou, on those who evermore
Thee confess and Thee adore,
In Thy sevenfold gifts, descend;
Give them comfort when they die;
Give them life with Thee on high;
Give them joys which never end. Amen.*

THE FRUITS OF THE HOLY SPIRIT The gifts of the Holy Spirit perfect the supernatural virtues by enabling us to practice them with greater docility to divine inspiration. As we grow in the knowledge and love of God under the direction of the Holy Spirit, our service becomes more sincere and generous, the practice of virtue, more perfect. Such acts of virtue leave the heart filled with joy and consolation and are known as Fruits of the Holy Spirit. These Fruits in turn render the practice of virtue more attractive and become a powerful incentive for still greater efforts in the service of God, to serve Whom is to reign.

PRAYER Come, O Divine Spirit, fill my heart with Your heavenly fruits, Your charity, joy, peace, patience, benignity, goodness, faith, mildness, and temperance, that I may never weary in the service of God, but by continued faithful submission to Your inspiration may merit to be united eternally with You in the love of the Father and the Son. Amen. *Our Father and Hail Mary ONCE. Glory be to the Father SEVEN TIMES. Act of Consecration, Prayer for the Seven Gifts.*